

interstuhl



Office swivel chairs  
Office swivel executive chairs  
Visitor's chairs

Yos

A little inspiration can do no harm.  
Particularly at work.

The new working class – which is one way of describing Yos. As a compliment. Because Yos doesn't satisfy the need for a status symbol – but from the requirements that result from a long working day – usually spent sitting. This chair is particularly able to show off its technical and ergonomic benefits. But doesn't that stand for something as well – perhaps your idea of the perfect swivel chair?







How do you define work?  
As a necessary evil between two weekends? Or perhaps rather as a major aspect of life that can also be fun? Yos' design clearly favours the latter definition. After spending a few hours on it for the first time, you' ll notice that work with Yos really is a pleasure.



Y 153



Y 400



Y 550

Slender structures are "in". Yet the Yos design demonstrates not only simple elegance but also strength and dynamics. As an office swivel chair, office swivel executive chair and visitor's chair Yos meets the demand for a uniform image. As well as every specific working situation in a company. The visitor's chair is available as a cantilever or four legged model, with or without armrests.



Powerful: The visible back support indicates how perfectly Yos supports your spine. They create the visual link between backrest and seat. The back support and base are available in black, brilliant silver or polished. Also striking: The characteristic height- and width-adjustable T-armrests with soft covering.



Better sitting, better working, . . . better living.



Y 365



Y 366

Keep elastic and resistant to stress! The adjustable neckrest takes the strain off the shoulder and neck muscles in particular during brief pauses.

This prevents premature fatigue and even illnesses. The joints remain fit, the performance curve during work more stable. With either a steel or aluminium base and optional ring or T-armrests.



Can work and comfort be brought into harmony? Of course, or so say we. With the correct, individually designed, comfortable seat during everyday work. And what's good to enough to achieve this must be good enough for a dynamic and successful office swivel chair such as Yos: flexibility and adaptability are the order of the day. For fatigue-free and relaxed working.





Hospitality knows many good opportunities: whether in a seminar, conference or meeting, all need a carefully chosen seating ambience that displays character ensures a feeling of well-being. Clear lines and absolute comfort - even after many hours - should impress even visitors who have no staying power.

Even inconvenient negotiations  
can be helped to go smoothly.



Y 400



Y 500



Y 450

Perfectly designed cantilever or four legged models shine in conference rooms and individual offices as visitor's chairs. With a sturdy, tubular steel frame in black? Or would you prefer bright silver? Or rather a classic chrome-plated design?

With or without armrests? So how does Yos fit into your rooms? Each model has a hard-wearing plastic backrest cover. Another practical feature is that all of them can be stacked away when you need more room.

Synchron mechanism

Armrests

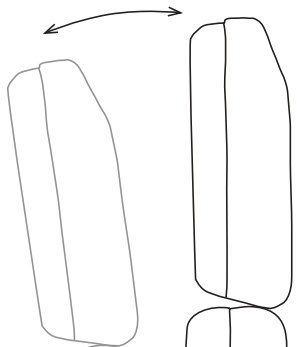
Seat depth adjustment (Astiv)

Lumbar support

Seat tilt adjustment

Work can sometimes be a torment.

That's not true for sitting.



T-armrests, width and height adjustable, soft

The standard Synchron mechanism allows dynamic, healthy sitting and working because the seat and backrest always move synchronous to one another and follow your body's movements.

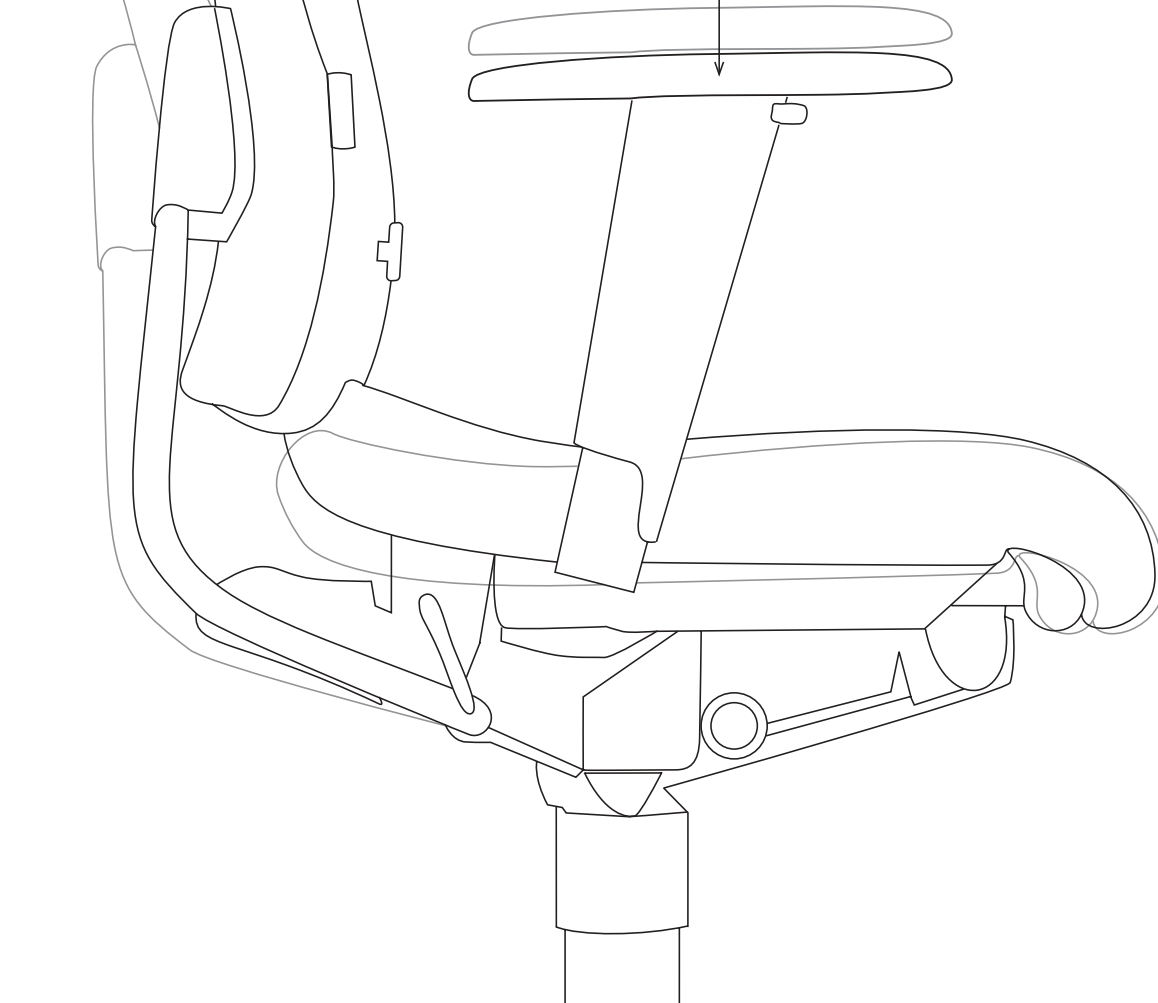
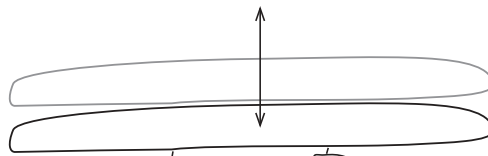


Width, height and depth adjustable armrest, rotational with soft surface



Ring-armrests, width and height adjustable, soft

We lend a helping hand when you want to assume a relaxed working position \* with adjustable armrests to relieve the static holding worm, of your shoulder and arm muscles.

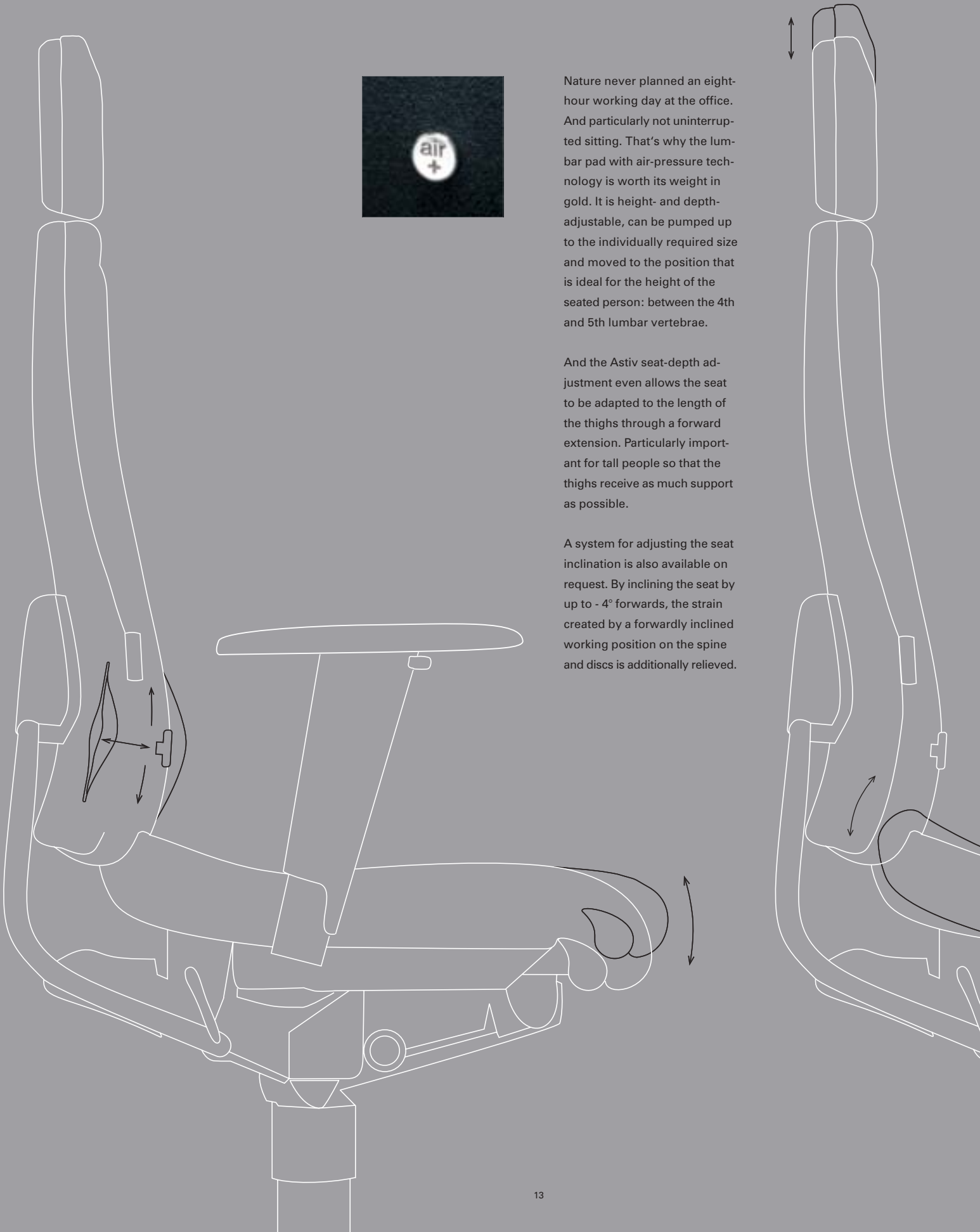




Nature never planned an eight-hour working day at the office. And particularly not uninterrupted sitting. That's why the lumbar pad with air-pressure technology is worth its weight in gold. It is height- and depth-adjustable, can be pumped up to the individually required size and moved to the position that is ideal for the height of the seated person: between the 4th and 5th lumbar vertebrae.

And the Astiv seat-depth adjustment even allows the seat to be adapted to the length of the thighs through a forward extension. Particularly important for tall people so that the thighs receive as much support as possible.

A system for adjusting the seat inclination is also available on request. By inclining the seat by up to - 4° forwards, the strain created by a forwardly inclined working position on the spine and discs is additionally relieved.



**Quality certificates**

Environmentally-friendly quality production  
 GS symbol for tested safety, LGA Nürnberg  
 Ergonomically-tested, LGA Nürnberg  
 Tested for hazardous materials, LGA Nürnberg



Y 152

- ▶ Steel base black powder-coated, optional bright silver or chrome-plated locking synchron mechanism
- ▶ Locking synchron mechanism
- ▶ Weight regulation with twist handle (50 - 120 kg)
- ▶ Basic seat height adjustment
- ▶ Backrest height: 55 cm

optional:

- ▶ Seat depth adjustment (Aktiv)
- ▶ Seat tilt adjustment
- ▶ Adjustable lumbar support
- ▶ Adjustable armrests
- ▶ Bounce spring
- ▶ MOS conductive fabric



Y 365

- ▶ With neckrest, height-adjustable
- ▶ Black powder-coated steel base, optional bright silver or chrome-plated
- ▶ Locking synchron mechanism
- ▶ Weight regulation with twist handle (50 - 120 kg)
- ▶ Basic seat height adjustment
- ▶ Backrest height: 75 cm

optional:

- ▶ Seat depth adjustment (Aktiv)
- ▶ Seat tilt adjustment
- ▶ Adjustable lumbar support
- ▶ Adjustable armrests
- ▶ Bounce spring
- ▶ MOS conductive fabric



Y 450

- ▶ Black powder-coated four legged steel tube frame, optionally available in brilliant silver or polished / chromed
- ▶ With armrests
- ▶ Backrest height: 42 cm
- ▶ Stackable



Y 550

- ▶ Black powder-coated cantilevered steel tube frame, optionally available in brilliant silver or chromed
- ▶ With armrests
- ▶ Backrest height: 42 cm
- ▶ Stackable



Y 153

- ▶ Same design as Y 152 with black aluminium base, optional bright silver or polished / chrome-plated
- ▶ mech. bounce spring



Y 366

- ▶ Same design as Y 365 with black aluminium base, optional bright silver or polished aluminium
- ▶ mech. bounce spring



Y 400

- ▶ Same design as Y 450 but without armrests



Y 500

- ▶ Same design as Y 550 but without armrests

Environmentally-aware production and ecologically perfect products are Interstuhl's hallmark and were given absolute priority in the development of Yos. Interstuhl's environmental management fulfils the requirements of DIN EN ISO 14001; its total-quality management has been certified in accordance with DIN EN ISO 9001 since 1993.

Interstuhl grants a long-term warranty of five years and a warranty of three years on all models in the Yos range.

	Y 152	Y 153	Y 365	Y 366	Y 400	Y 450	Y 500	Y 550
Synchron mechanism	●	●	●	●				
Weight regulation	●	●	●	●				
Steel base or steel base frame	●		●		●	●	●	●
Aluminium base		●		●				
Seat depth adjustment (Astiv)	○	○	○	○				
Basic seat height adjustment	●		●					
Mechanical bounce spring	○	●	○	●				
Seat tilt adjustment	○	○	○	○				
Adjustable lumbar support	○	○	○	○				
Adjustable armrests	○	○	○	○				
MOS conductive fabric	○	○	○	○				

- Basic features
- Optional (extra charge)

Subject to technical change.

Colour variations possible due to printing.

IS YOS GB 07/ 04 MAURER



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